



THANK YOU TO OUR EDUCATION SUPPORTERS

**MIDDLESEX**  
COUNTY • NJ

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Performances for Schools are made possible in part by Kinder Morgan Foundation and PSEG.

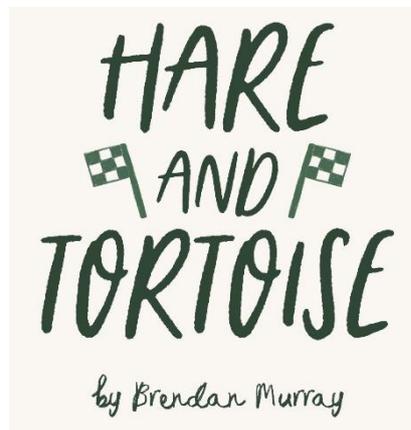
The Early Childhood Arts & Literacy program is made possible in part by NJM Insurance Group, Plymouth Rock Assurance, PNC Bank, and PSEG.

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The Hare and Tortoise are preparing for the great race and will be coming to your venue soon. In preparation for their arrival why not...

- Look at the video clip about the two characters. Enter link
- Make a list of the opposites you can think of e.g. fast – slow.
- Read the other Aesop fables and talk about the moral of each tale. What do they mean? Can you think of examples of where they might apply in day to day situations?
- Can you create your own story and give it a moral?

Now you have seen the race and heard our story...

- List the words that describe the Hare and the Tortoise. Can you think of more animal that might have distinct characteristics (e.g. sly fox)?
- To win a race, you need to be fit and healthy. Plan a series of exercise classes for you and your class or family to do to help you get fit. Think about stretching, warming up and some aerobic exercise too. Try them out together. Think about healthy foods, what are they? Design an eating plan for the day/week which includes lots of healthy food and drinks.
- Timings: you will need a stopwatch, pen and paper. Working in twos, write down how long it takes to do different activities or tasks i.e. to walk/ hop or run from one end of the playground / park to another or to fill a bucket with sand and to pour the sand away. Make a chart to show your answers.
- Seasons: Our story take place over a whole year and goes through the seasons. Can you describe what happens in each season? Make a list of words that describe your favourite season and create a simple poem. Create a collage depicting your favourite season.

Learning from the Hare and Tortoise story.

**Direct themes:**

Time

The four seasons

An exploration of friendship

Opposites

How we cope in a world full of contradictions

Being different

How can you cope in a competitive world

Identifying your own strengths

Working together as well as alone

Tortoises – hibernation

Hares

Live music

Slow and steady v fast and frantic

Aesop's fables

Morals

Sport- physicality, fitness, racing

How to depict animal characters - characteristics of the hare and the tortoise

Winning and losing

Playing, eating, sleeping, (all the things the hare does during the race)

**Associated themes:**

Olympics

Other Aesop's fables and moral tales

Story telling

Theatre – set and costume design and movement

Maps and routes

Kite flying and making kites

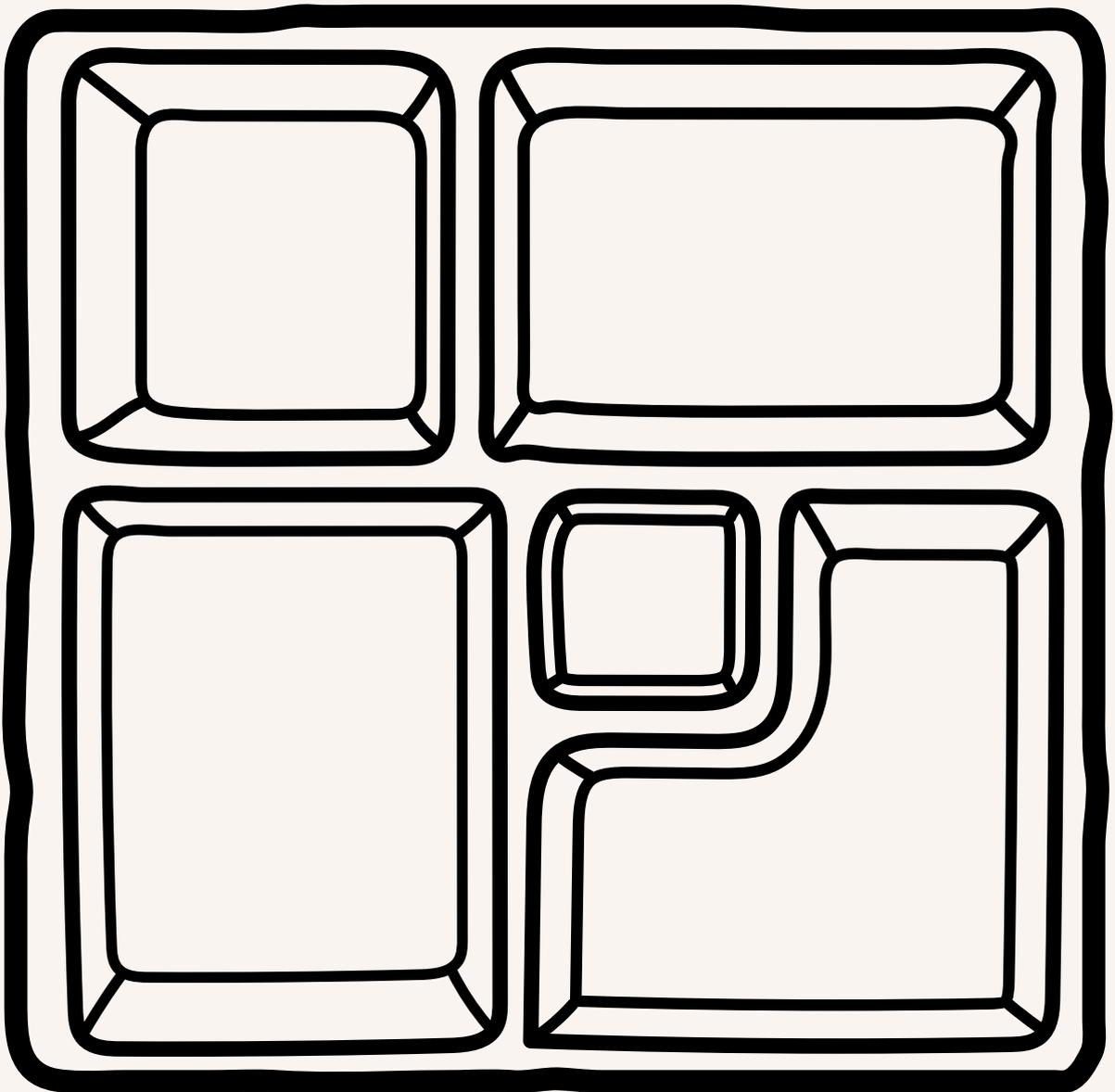
Growing vegetables / food



## Hare and Tortoise – Picnic party

### My picnic lunch box

Fill the lunch box with healthy foods that you could take to eat at a picnic party with the Hare and Tortoise. Draw, colour and collage, you can draw around shapes too. Get an adult to help you to cut out. Think about colour, texture, shape and the size of food.



## Hare and Tortoise - Picnic party

### What will Hare & Tortoise eat?

Fill the lunch boxes with food that Hare and Tortoise would like to eat.

Don't forget they don't eat meat but they love vegetables.

Think about the show and what the Hare and Tortoise grew from seeds.



### Hare likes to eat

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### Tortoise likes to eat

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